

## MONTHLY BOARD MEETING MINUTES

November 18, 2013

### **Mental Health Board**

#### **Members in Attendance**

Behrens, Sharon  
Meade, Pat  
O'Meara, Janet  
Schauer, Steve  
Thickens, Theresa  
Wesp, Daniel

#### **Absent Members**

Buckman, Rick  
Cleveland, Cheryl  
Dickinson, Will  
Holmes, Jim  
Williams, Jessica

### **Staff and Guests**

Abrahamson, Twylla  
Bauman, Maureen  
Crow, Shari  
Jones, Janna  
Ling, Louis  
Mellott, Rebecca  
Moser, Katrina  
Osborne, Marie  
Taylor, Will

### **Welcome and Introductions**

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation) – Not read**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

#### **❖ Guest Speakers:**

**Rebecca Mellott**, Director, Health and Human Services Administration – *Presenting a Realignment Update*

- Distributed and reviewed the Realignment Overview -1991 and 2011 and AB85 (November 18, 2013).
- Highlighted 1991 realignment (aka Health and Welfare), structure background and some of the recent changes, as well as new legislature.
- Reviewed how base amounts are determined and the difference between the base account and growth account.
- Ms. Mellott reviewed how the funds are distributed and identified impacts.
- Reviewed how sales tax – family support subaccount will be used for the repayment of the Affordable Care Act.
- Provided a high level overview of the 2011 Local Revenue Fund and State Structure for FY 2012-13.
- Pointed out the Mental Health Account has a new funding stream in 2011.

**Shari Crow, Health Educator, Children's System of Care – *Presenting the Quarterly Prevention Update***

- Reported the recent successful completion of the seventh RX take back event, collecting 2.5 tons of pills.
- Kaiser Roseville was a new participant at this event.
- Since the program began, a total of 12 1/3 tons have been collected.
- The survey given to individuals at these events includes questions about securing, monitoring and disposing of medications properly. 19% currently secure their medications, which is up 6% from the first event three years ago.
- The Coalition for Placer Youth worked with teens on different campuses, with the teens coming up with a plan to make responsible choices related to drugs and alcohol during their high school years. The two-sided "Plan," written, developed and designed by teens was passed around for review.
- The Youth Commission falls under the Board of Supervisors; the Coalition for Placer Youth funds the Youth Commission.
- Reported on the Youth Commission's recent partnering with Whole Person Learning and Hip Hop Congress, holding four local stigma reduction forums: Foresthill, Colfax, Auburn, and Lincoln. Reported 75-80 attendees in most of the communities; Auburn had standing room only with approximately 150 attendees.
- Ms. Crow noted that the MHADB's green colored resource guide was a highlighted piece during the forums.

**Secretary/Treasurer's Report**

**Approval of the October 28, 2013 Regular Board Meeting Minutes** – Approved minutes as distributed.

**Approval of Treasurer's Reports** – \$1,500 - Amount budgeted for Fiscal Year 2013-14. Expenditures for the month of October include: \$60.60 - food purchased; no postage. End balance of \$1,210.27 and is accepted as presented.

**Standing Committee Reports**

❖ Alcohol and Drug Committee – Dan Wesp

- Some committee members toured CORR in Nevada County. Due to time constraints, the group was not able to visit the Auburn site as planned.
- Amy Ellis shared three success stories with the committee related to: 1) Full Service Partnership (story read by Mr. Wesp); 2) AB109; and 3) Split Sentence.

❖ Quality improvement – Theresa Thickens

- Sharon Behrens reported on Therapeutic Behavioral Services, which provides intensive in-home services to families who are struggling with severe emotional issues.
- Ms. Thickens provided additional information on the lawsuit settlement process and the Dependency Mental Health Program.
  - New draft coming out for eligibility and screening related to children with an open child welfare case or history of child welfare case - they are being screened for the need for greater services.
  - Discussed changes related to the settlement process and restrictions on congregate care for group homes.
- The California Department of Education (CDE) released some proposed changes to their regulations on what a mental health provider qualification must be and what mental health services are. This is not just for mental health - it also covers non-public services, non-public schools, and non-public agencies, requirements for their reporting and their staffing and qualifications.
  - The 15-day feedback period ends November 25th.
  - Board members shared concerns and frustration regarding the proposed changes and for the short comment period.
  - Theresa Thickens will send the link to members so they can address the CDE, as individuals, directly.
  - Maureen Bauman will find out if the mental health directors will be commenting on proposed changes.

❖ Children's Committee – Sharon Behrens

- Reported on her and her daughter's recent presentation to the Child Abuse Prevention Council meeting. Ms. Behrens shared information from Dr. Lisa Conradi, Psy.D. (Chadwick Center for Children and Families, Rady Children's Hospital, San Diego) on a federal grant to provide training related to Trauma Assessment Pathway (TAP) – develop and oversee community assessment process on trauma informed nature of child welfare systems across the country.
  - If you would like to receive a copy of Dr. Conrad's presentation, see Janna Jones.

- ❖ Adult Services Committee – Janet O'Meara
  - Much of the meeting was spent reviewing some of the plans that came out of the Campaign for Community Wellness due to the committee's interest.
  - Curtis Budge, program manager with ASOC, brings a great amount of experience and helps the group understand the various issues. He provided some background on discharge planning and outcomes.

### **BOS-Representative**

- ❖ Supervisor Jim Holmes was not in attendance.

### **Correspondence and Announcements**

- ❖ Janet O'Meara reported on the receipt of the following:
  - Read correspondence received from John Koehler dated October 2, 2013, regarding a Sacramento Bee editorial on gun ownership and mental illness.
    - Ms. O'Meara will send a copy of the letter to Janna Jones and to Board members.
  - Maureen Bauman provided additional data related to those being deemed a danger to self or others and losing possession of their guns (as a point of the law process).

### **Director's Report** (*Distributed in Board packet*)

- ❖ Maureen Bauman reported on the following:
  - CalMHSA Statewide Initiative - the following document was distributed to all members at the beginning of tonight's meeting: Statewide Prevention and Early Intervention Programs – transforming mental health care in Placer County.
    - Ms. Bauman is asking Board members to review and provide input on this document.
    - Information will be passed on to the state in the next month.
  - Affordable Care Act – Health and Human Services continues to give presentations in the community to provide a better understanding of the law.
  - Statewide Mental Health Services Act:
    - Each Mind Matters – the green ribbons and one-hour documentary was not designed as an ongoing project; however, Each Mind Matters has been an excellent slogan for promoting mental wellness and anti-discrimination in California.
    - May (Mental Health Month) 2014, CalMHSA wants to have a mental health promotion. This Board can work with the Campaign for Community Wellness to come up with a campaign to increase the awareness of mental health.
  - Crisis Response Grant Request for Proposal has been released and is due January 3, 2014. 600 crisis response workers will be hired for the grant but do not know how many will go to Placer County (Los Angeles makes up half of California).
    - Goal is to reduce the number of people hospitalized.
  - The recruitment for a Client Services Program Manager, to replace Marie Osborne, is underway.

### **Unfinished Business**

- ❖ Recruitment (*Standing Agenda Item*)
  - Nothing new to report.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
  - ◇ Table Cover Update
    - Janet O'Meara reported the return of the unwanted table cover and identified local vendor who will create the product.
- ❖ Producing Additional Copies of the FY 2012-13 Annual Report to the Board of Supervisors [**Action Item**]
  - Identified a \$2.82 cost per copy of the annual report.
  - The Executive Committee recommended 30 additional copies be made for distribution and limiting the cost to \$100 or less.  
**Sharon Behrens approved spending \$100 or less to purchase the requested additional copies of the FY 2012-13 Annual Report, Dan Wesp seconded. Motion carried.**

### **New Business**

- ❖ Conflict 700 Form
  - Janna Jones distributed a document outlining the Statement of Economic Interests Form 700, highlighting important details.
  - Requested distributed one-page document be inserted in members' MHADB binders.

- ❖ Distribution of *There is Hope*
  - Janna Jones distributed the insert – *There is Hope*. If you are interested in additional copies, let Maureen Bauman how many are needed.
    - Theresa Thickers requested 500 copies for Lincoln Community Resource Collaborative.
  - Recommended that copies be made available at the Probation Department.
    - Maureen Bauman will follow up with Marshall Hopper at Probation.
  - Recommended that copies be made available at libraries.

#### **Board Member Comments**

- ❖ Dr. Ling identified his next goal is to attend each committee meeting.
- ❖ Sharon Behrens reminded the group about the Friends of Leonard party taking place December 13<sup>th</sup> at 2:00 pm; there will be music, caroling, speeches, fun and food. Gift: \$500 to the Crisis Resolution Center, approximately \$700 to the expressive arts program, music, caroling, speeches, fun and food.
- ❖ Pat Meade reported on her attendance at an event in San Francisco - Coming Out Proud, coming out to reduce stigma related to mental illness/disorder. She reported on what she learned about self-stigma and identified there's a lot of work to be done as a consumer.

#### **Public Input**

- ❖ Will Taylor wondered why there isn't a component of the CIT training at the police academy. Congratulated the AB109 team upon receiving an award from Placer Law Enforcement Agency (PLEA).

#### **Adjournment**

- The meeting was adjourned at 8:16 p.m.
- Monday, December 2, 2013 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, December 16, 2013 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board